

# SIGN LANGUAGE

## ANIMALS



**owl**

Hold "O" hands in front of eyes. Twist hands inward and outward.



**turtle**

Make fist. Place flat hand over fist, with thumb poking out. Wiggle thumb like a turtle head poking out of its shell.



**bee**

Touch thumb and index finger together. Touch fingers to cheek; open hand and swat away.



**snake**

Form index and middle finger into a bent "V" shape. Slither hand forward.

## SELF-CARE



**hat**

Pat top of head twice.



**shoes**

Make both hands into fists; tap fists together.



**wash hands**

Make a fist facing up; make another fist on top, facing down. Move top fist in circles as if scrubbing.



**brush teeth**

Position index finger of right hand in front of mouth. Move finger side to side to mimic brushing teeth.

## MEALTIME



**milk**

Right hand squeezes as if milking a cow.



**water**

Right hand W taps chin with index finger.



**more**

Bring fingertips together a few times.



**all done**

Turn palms upward and then outward.

## FOOD



**apple**

Close hand and place knuckle of index finger against cheek. Pivot hand back and forth.



**banana**

Pretend to peel raised index finger twice.



**carrot**

Near side of mouth, form hand into a fist. Move fist forward while making a biting motion.



**pea**

Make a hook with index finger. Tap hooked finger on straight index finger to represent peas in a pod.

## PLAYTIME



**friend**

Curl index fingers to show bond. Pull forward to show that bond is not easily broken.



**share**

Hold hand flat with thumb up. Hold other hand on top; move back and forth as if dividing portions.



**car**

Move both hands as if turning a steering wheel.



**outside**

Open hand toward face; close hand as you pull it away in the direction of the exit.